

# Keeping our babies safe and well

A multi year review of Infant Formula Requirements for Australia and New Zealand

Glen Neal GM Risk Management and Intelligence Food Standards Australia New Zealand 19 October 2019



- We are an Australian statutory agency within the Australian Government Health portfolio
- We develop food standards for Australia and New Zealand
- Our main function is to develop and administer the Australia New Zealand Food Standards Code (the Code)
- The Code is a legislative instrument, that is given effect by state and territory or New Zealand laws



# Food Regulatory Framework

#### **FSANZ**

- Standards
- Coordination
- Advice

### **POLICY**

Forum on Food Regulation

(Ministers)

#### **ENFORCEMENT**

- States and territories
- NZ MPI
- Agriculture (imported foods)



# Consumers have a high level of confidence in the safety of food

Corporate Plan 2019-20



- A high degree of consumer confidence in the quality and safety of food produced, processed, sold or exported from Australia and New Zealand
- An <u>effective transparent and accountable regulatory framework</u> within which the food industry can work efficiently
- The provision of adequate information relating to food to enable consumers to make informed choices
- The establishment of common rules for both countries and the promotion of consistency between domestic and international food regulatory measures without reducing the safeguards that apply to public health and consumer protection



- Develop and administer the Australia New Zealand Food Standards Code (the Code) including;
  - food labelling and composition requirements
  - · food product standards for example infant formula
  - · residue limits
  - food hygiene and primary production
- Coordination of food recalls and food surveillance
- Providing evidence-based advice on food



## When developing measures we consider:

#### **PROTECTION**

of public health and safety

#### **PROVIDING**

adequate information to consumers

#### **PREVENTING**

misleading and deceptive conduct

- The need for standards to be based on risk analysis using the best available scientific evidence
- The promotion of consistency between domestic and international food standards
- The desirability of an efficient and internationally competitive food industry
- The promotion of fair trading in food
- Written policy guidelines formulated by the Forum on Food Regulation



Chapter 1

Chapter 2

Chapter 3

Chapter 4

Schedules

# General food standards:

- Definitions
- Labelling requirements
- Use of substances added to food
- Use of new foods
- Contaminant MLS & restricted botanicals
- MRLs (Aus)
- Food processing requirements (Aus)

# Food product standards:

- Cereals
- Fruits
- Vegetables
- Dairy products
- Beverages
- Special purpose foods

# Food safety standards Australia only

- Food safety programs
- Food premises and equipment

# Primary production standards Australia only

- Production and processing of seafood
- Poultry meat
- Meat,
- · Other commodities

# Permissions for use of:

- Substances added to food
- Use of new foods
- Permitted MRLS
- Contaminant MLs
- Identify and purity







# APEC FOOD SAFETY MODERNISATION FRAMEWORK TO FACILITATE TRADE



June 2019
Food Safety Cooperation Forum
APEC Sub-Committee on Standards and Conformance

Advancing Free Trade for Asia-Pacific Prosperity





# Food safety modernisation based on internationally accepted principles



# Infant formula products

Standard 2.9.1 regulates the following infant formula products:

- infant formula (0-<12 months)</li>
- · follow-on formula (6-<12 months)
- · infant formula products for special dietary use

Schedule 29 - Special purpose foods



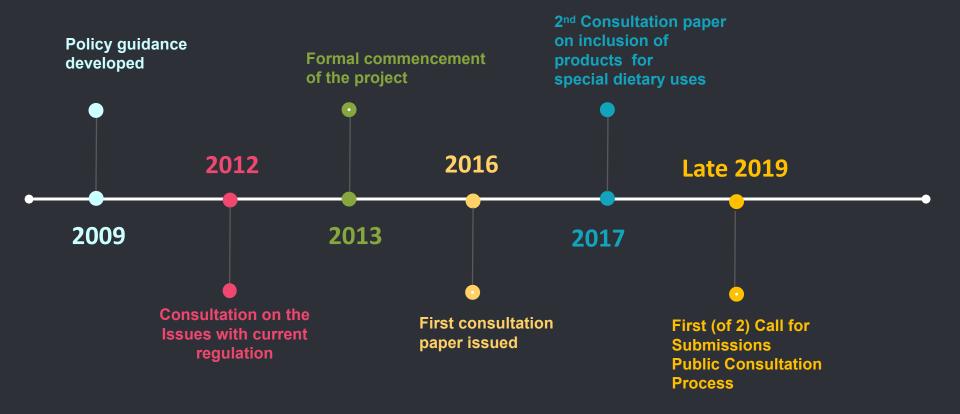
## Other relevant Standards and Schedules

- 1.1.1 Structure & general provisions
- 1.1.2 Definitions
- 1.3.1 Food Additives + Schedule 15
- 1.4.1 Contaminants and Natural Toxicants + Schedule 19
- 1.6.1 Microbiological Limits for Food + Schedule 27
- 1.5.1 GM foods + Schedule 26
- 1.5.2 Novel foods + Schedule 25
- Schedule 1 RDIs and ESADDIs
- Schedule 3 Identify & purity
- Schedule 18 Processing aids

Proposal P1028 Review of the regulation of infant formula

# P1028 date

## Timeline of activities to





SCOPE: Provisions applicable to infant formula (0-<12 months) and IFPSDU. Excludes Follow-on formula

Considering issues relating to the essential composition and safety of infant formula, including a review of:

- safety related labelling
- labelling for information
- macro and micro nutrient levels & permitted forms of added nutrients
- food additive & processing aid permissions, contaminant MLs
- pre-market assessment requirements
- IFPSDU framework

Series of reports = many opportunities to provide comments and feedback as the Proposal progresses



#### Pre-market approval for new ingredients:

- We wish to improve the clarity of regulation around composition
- Interpretations by enforcement agencies and industry can differ as to whether new ingredients for infant formula are novel or nutritive substances that require pre-market approval by FSANZ
- Industry support reducing the need for FSANZ to carry out pre-market assessment
- Enforcement agencies support the continued premarket assessment of all new ingredients added to infant formula



#### Labelling elements - Prohibition on claims

- Nutrition content and health claims are prohibited on all infant formula products
- The policy environment (domestic and increasingly global) for infant formula does not support any change to permit health, nutrition content or ingredient claims on the label
- Industry suggest that nutrition content claims on labels will enable informed choice and assist caregivers to choose between products



#### Labelling elements – changes to current labels

- We are considering whether some mandatory labelling such as preparation and use instructions and the nutrition information statement are working as intended or could require further prescription in the Code
- These options are being informed by literature and social research as well as international policy context and potential impacts on trade
- Industry are not supportive of further prescription for labelling requirements

- Aim to release 1st CFS before the end of the 2019
- Builds on all the information from 2012, 2016 and 2017 papers
- Propose drafting intent for some issues and seeking responses on options and questions about a number of issues, including labelling issues
- Website has all papers to date and submissions

http://www.foodstandards.gov.au/code/infant/Pages/default.aspx

 Can get yourself added to the FSANZ interested parties list and/or subscription service

http://www.foodstandards.gov.au/media/pages/subscriptionservice.aspx

# P1028 Next steps



#### Copyright

© Food Standards Australia New Zealand 2019

This work is copyright. You may download, display, print and reproduce this material in unaltered form only (retaining this notice) for your personal, non-commercial use or use within your organisation. Apart from any other use as permitted under the *Copyright Act 1968*, all other rights are reserved. Requests for further authorisation should be directed to information@foodstandards.gov.au



www.foodstandards.gov.au or www.foodstandards.govt.nz



/Food.Standards





# P1028 Social science focus

### Two main threads:

- Preparation instructions, warning
- Nutrition information, ingredient list

Ingredients: Milk solids, vegetable oils (contains soy, antioxidant (ascorbyl palmitate, citric acid)), galacto-oligosaccharides (contains milk), dried omega LCPUFAs (contain fish, milk, sov, antioxidant (mixed tocopherols, dl-alpha tocopherol, ascorbyl palmitate, sodium ascorbate, citric acid)), long chain polyfructose, emulsifier (soy lecithin), taurine, choline chloride, Bifidobacterium breve M-16V (750 million cfu/100mL), L-carnitine, inositol. Mineral: Potassium, calcium, chloride, phosphorus, sodium, magnesium, iron, zinc, copper, iodine, manganese, selenium. Vitamin: Vitamins (A, B1, B2, B3, B5, B6, B12, C, D3, E, K1), folic acid, biotin. Nucleotides: Cytidine-5'-monophosphate, uridine-5'-monophosphate, adenosine -5'-monophosphate, inosine -5'-monophosphate, quanosine-5'-monophosphate. If correctly stored & made up in accordance with the directions contained on the label, no further vitamin or mineral preparations are necessary

Aptamil® Profutura® Infant Formula is based on cows' milk protein.

**IMPORTANT NOTICE:** BREAST MILK IS BEST FOR BABIES. BEFORE YOU DECIDE TO USE THIS PRODUCT, CONSULT YOUR DOCTOR OR HEALTH WORKER FOR ADVICE.

Meets the nutritional needs of formula fed infants.

#### PREPARATION OF APTAMIL® PROFUTURA® INFANT FORMULA



Wash hands before preparing the feed. Clean and then sterilise all the utensils by submerging bottles and teats in water and boiling for 5 minutes, or using an approved steriliser.



Boil safe drinking water and allow to cool. Measure the required volume of water into a sterilised feeding bottle.



Use only the enclosed scoop. Fill the scoop lightly & level off using the built-in leveller. Avoid compacting powder.



Always add one level scoop of powder for each 50mL of water. Cap the bottle & shake briskly to dissolve the powder.



Test temperature on wrist before feeding. Feed immediately (do not store). Discard unfinished feeds.

Prepare each bottle separately. For all brands of formula, it is safer to use immediately after they are prepared. Product is packed by weight, not volume. Some settling of the powder may occur during transportation and distribution.

WARNING: FOLLOW INSTRUCTIONS EXACTLY. PREPARE BOTTLES

& TEATS AS DIRECTED. DO NOT CHANGE PROPORTIONS OF POWDER
EXCEPT ON MEDICAL ADVICE. INCORRECT PREPARATION CAN MAKE
YOUR BABY VERY ILL. INFANTS OVER 6 MONTHS SHOULD BE
OFFFRED FOODS IN ADDITION TO INFANT FORMIJIA PRODICT.

Dental Hygiene: Putting your baby to bed with a bottle can cause tooth decay.

Storage: Store in a cool dry place. Use by the date on container bottom. After opening keep container airtight & use contents within four weeks.

Average Quantity Per 100mL of Prepared Feed	
Energy	67kca
	280k
Protein	1.40
Whey 60' Casein 40'	
Carbohydrate	6.89
Fat	3.6
OMEGA LCPUFAs'	
Arachidonic Acid (AA)	15.8mg
Docosahexaenoic Acid (DHA)	14.0mg
MINERAL	
Calcium	61mg
Phosphorus	41mg
Sodium	22mg
Potassium	90mg
Chloride	57mg
Magnesium	7.0mg
Iron	0.96mg
Zinc	0,56mg
Manganese	7.2 <sub>µ</sub> ç
Copper	66µg
lodine	12.6µg
Selenium	2.0µg
VITAMIN	
Vitamin A	68µg-RE
Vitamin D	0.89pg
Vitamin E	0.87mg
Vitamin K	5.3µg
Vitamin Bı	67µg
Vitamin Bz	117µg
Vitamin Be	52µs
Vitamin B12	0.40pg
Niacin (Ba)	0.56mg
Pantothenic Acid (Bs)	0.52mg
Biotin	2.0µg
Folate	11.4µg
Vitamin C	12.7mg
OTHERS	
Choline	11.0mg
Taurine	5.4mg
Inosital	5.6mg
L-Carnitine	1,6mg
NUCLEOTIDES	
Cytidine 5'- monophosphate	1.2mg
Uridine 5'- monophosphate	0.78mg
Adenosine 5'- monophosphate	0.78mg
Inosine 5'- monophosphate	0.44mg
Guanosine 5'- monophosphate	0.23mg
PREBIOTICS	
GOS <sup>2</sup>	0.72
TO CONTRACT OF THE PARTY OF THE	1000000

1 LCPUFAs - Long Chain Polyunsaturated fatty acids

<sup>2</sup> 605 - Galacto-aligosoccharides

3 Ic Polyfructose - long chain Polyfructose

# 2016 Eye-tracking

- Infant formula preparation task with eye-tracking
- Individual in-depth interviews
- Sample of 30, based in Adelaide
- Caregivers of infants ≤12 months (16 out of 30 had an infant
   <6 months)</li>
- 13 out of 30 were first-time parents





# Statement of ingredients

volv Solids ILactose, Goat Full Cream Milk 3% Goal Whey Protein (13%), Vegetable samable Paim viein Coconut, High Oleic Sunflower, Sunflower ecithin (soy), Galacto-Oligosaccharide (GOS) Fructo-Oligosaccharide (FOS), Arachidonic Acid (ARA) (from Mortierella Alpina, contains Sunflower Seeds Oil, Antioxidants 301, 307 304), Docosahexaenoic Acid (DHA) (contains Bitartrate, Inositol, Taurine, L-Carnitine Tartrate Minerals: Di-Potassium Phosphate, Potassium Chloride, Magnesium Sulphate, Magnesium Chloride, Calcium Carbonate, Tri-Calciu Phosphate, Tri-Sodium Citrate, Lopper Sodium Selenite, Manganese Sulphate, Vitamins: L-Sodium Ascorbate, Vitamin A Acetate, Niacinamide, Calcium D-Pantothenate, Vitamin D., DI-Alpha Tocopheryl Acetate, Phytonadione, Thiamine Hydrochloride, D-Biotin, Riboflavin, Pyridoxine Hydrochloride, Folio Acid, Cyanocobalamin. Allergens: Contains dairy, soy and fish us

#### Ingredients

Will solids, vegetable oils (including soylossin, gulado-digosaschandes (FOS) forgethen polyuna human brity acts from single-nell courses (a schoom exito) AI, inconstruction and (DHA). Learning acts (Learning acts) (Learning acts) acts acid, choine incortal tearning (only learning acid) populator (acts) acid, choine incortal tearning. Learning-site seuten outputs in identifies (by tome-5 -extrophosphare, adenosine-5monophosphare) futer, L-carning arranged on the cooperation concernsis, accord/patentse).

Minerals: Calbum potassion magnesium obbride phosphorous codum row zinc copper odine marganese selerium.

Witamins: WeaminE, vitaminE macin pertonence and togethe vitamin A ribotevin vitaminB, folic and vitamin K, vitamin D, broke, vitamin B.

The protein source of \$10 Gold whint formula is cow's risk., Contains milk and coy.

### Consumers' use & understanding

- can be scary or off-putting if long
- don't recognise many of the ingredients; jargon
- used for product comparison
- Desktop survey (2018 labels) found vitamins & minerals commonly grouped with/without subheadings
- INC mocked up label proposes grouping vitamins & minerals
- FSANZ considering whether deviating from general ingredient labelling requirements is justified

IFP – claims are prohibited 1.2.7-4

FSFYC – claims permitted but conditions for certain claims in 2.9.3-8

#### Standard 1.2.7 sets out:

- claims that may be made on labels or in advertisements about the nutritional content of food (described as 'nutrition content claims'); and
- claims that may be made on labels or in advertisements about the relationship between a food or a property of a food, and a \*health effect (described as 'health claims'); and
- describes conditions under which such claims may be made



# Safety related labelling issues

#### Issues raised include:

- date marking
- directions for use, preparation and storage instructions
- warning statements and other statements
- prescribed name & protein source statements
- legibility requirements
- IFPSDU required statements and warnings

Options being informed by submitter evidence, FSANZ literature reviews & social research

Considering regulatory and non-regulatory options



## Provision of information labelling issues

- Nutrition information statement
  - guidelines, format
  - macronutrient subgroups
  - base units of expression
  - 'average amount' versus 'average quantity'
- Declaration of permitted nutritive substances
- Claims ingredient and nutrition content
- Notification of product reformulation
- Options being informed by submitter evidence, FSANZ literature reviews & social research
- Considering regulatory and non-regulatory options